



Leadership Program Application

Adults 17 and up

Student Name: _____

Age: _____ Sex: ☐ M ☐ F Employer: _____

Attending School? ☐ Yes ☐ No If Yes, School: _____

Current Address: _____

City: _____ State: _____ Zip: _____

Leadership Application: Part I – Commitment and Self Evaluation

Please complete all of the following and fully and honestly as possible:

Studio Commitment

Are you willing to commit to active attendance in an average of at least 100 regular classes every year (average 2 classes per week over 50 weeks)?: ☐ Yes ☐ No

Are you willing to commit to your individual training, focusing on the positive, and making your personal development a priority?: ☐ Yes ☐ No

Are you willing to assist the Academy and the capoeira group helping expand our student base and community awareness and involvement?: ☐ Yes ☐ No

Behavior Commitment

Are you willing to help prioritize Focus, Discipline, and Respect inside and outside of class, at the studio, school, workplace and at home?: ☐ Yes ☐ No

Are you willing to help us enforce studio behavioral standards equal to the leadership role you will be assuming?: ☐ Yes ☐ No

Are you willing to help us enforce healthy lifestyle standards including a boycott on underage drinking, smoking, and other illicit drug use?: ☐ Yes ☐ No

Are you willing to support our efforts for personal development through personal leadership and group leadership training – including written, audio and video support materials?: ☐ Yes ☐ No

Participation Commitment

If accepted into the Leadership Program, are you willing to insure attendance in at least 80% of leadership training classes?: ☐ Yes ☐ No

Are you willing to commit to consistent attendance to the rank of Yellow Cord?: ☐ Yes ☐ No



Physical Ability

Does you have any previous experience in musical training, vocally or on an instrument?:

☐ Yes ☐ No If Yes – please explain:

Have you been diagnosed with any medical condition that our teachers or support staff should be aware of?: ☐ Yes ☐ No If Yes – please explain. Attach separate sheet in necessary:

Do you have any concerns about your physical ability to master capoeira?: ☐ Yes ☐ No
If Yes – please explain. Attach separate sheet in necessary:

Please evaluate yourself in the following

Home Environment:

Takes personal responsibility

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Respects family members

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Personal discipline

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Healthy eating habits

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Ability to prioritize tasks

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Friends and Peers:

Social Skills

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Natural leadership ability

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Honesty

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Empathy

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Self-Esteem/Confidence

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion



Is generally outgoing

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Other

Financial responsibility

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Goal setting

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Long-term commitment to projects

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

Experience with community service

☐ Superior ☐ Above Average ☐ Good ☐ Fair ☐ Needs Improvement ☐ No Opinion

To The Student:

Before consideration to be accepted into the leadership program students must show appropriate Attitude, Attendance, and Aptitude.

An Attitude of Excellence

We are interested in creating a group of students that have a attitude of excellence – that are willing to act like leaders inside and outside class and the studio. Much of this has to do with their attitude. Capoeira easily ranks among the most difficult art forms in the world. It requires a constant ambition for excellence. It requires the willingness to help others and accept their help. It requires an attitude congruent with that of a leader. You will not succeed in capoeira without the appropriate attitude.

Consistent Attendance

We understand how busy life gets, and how hard it can be to fit it all in. We are also very familiar with how much time and dedication it takes to really develop all of the skills necessary to master capoeira. We know from experience that these skills “spill over” into the rest of life and help to make students more successful in literally every other aspect of their lives.

We ask students in the leadership program to commit to at least 100 classes per year. This averages out to 2 classes per week over 50 weeks out of the year. It is reasonable to expect that at certain times of the year average attendance may go down. As your schedule opens up we ask that you do your best to help make up these classes. For your convenience, classes during these times may also be supplemented with online lessons, private classes, reading assignments, personal study and training.

Aptitude

Everybody who trains capoeira will be really good at some things and be highly challenged by others. It is an extremely broad sport; including the study of music, martial arts, acrobatics, dance, culture, history, and language. This is the main reason why it can have a positive result on so many other facets of your life. Not everyone will develop the same physical aptitude at the same speed. But, students must show an improvement in physical ability and dedication to training before being considered for the leadership program.

The leadership program is not for everyone. Not all students that apply will be accepted into the full program. Full acceptance into the program requires the approval of ALL head instructors, program directors, and trainers.

For those that do not qualify for acceptance into the full program a partial acceptance may be granted.



These situations are considered on a case by case basis. This may include training to the rank of yellow cord or higher without the additional leadership training that we offer. This program represents a large commitment on the part of our instructors as well and we do our best to balance their resources so that students in the program have the greatest benefit.

I respectfully submit myself for consideration for the Brazilian Capoeira Leadership Team.

Signed: _____

Student's Signature